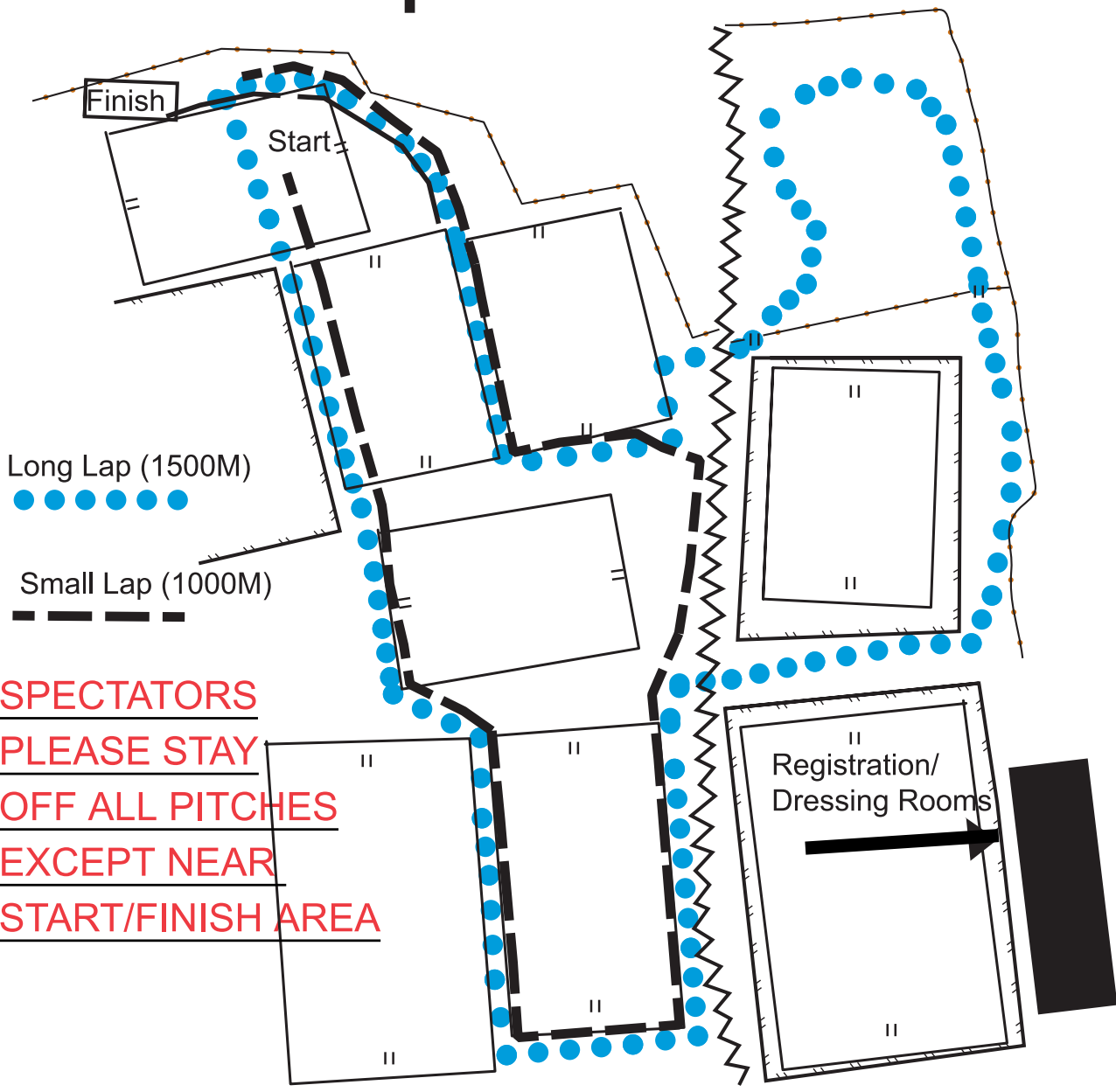


Munster Schools XC Timetable of Races

12:30pm	Minor Girls	2000m (2 small laps)
12:40pm	Minor Boys	2500m (1 small and 1 big lap)
12:50pm	Junior Girls	2500m (1 small and 1 big lap)
1:05pm	Junior Boys	3500m (2 small and 1 big lap)
1:20pm	Intermediate Girls	3000m (2 big laps)
1:35pm	Intermediate Boys	5000m (2 small and 2 big laps)
2:00pm	Senior Girls	2500m (1 small and 1 big lap)
2:15pm	Senor Boys	6000m (4 big laps)
2:45pm	Varsity Women	4000m (1 small and 2 big laps)
3:00pm	Varsity Men	7000m (1 small lap and 4 big laps)

Course Map



Qualifiers for All-Ireland

- a) 1st, 2nd and 3rd Teams in all races
- b) Any athlete who finishes in the first fifteen