

Cumann Luthchleas Scoileanna Na Mumhan

Munster Schools Athletic Association

INDOOR GAMES – NENAGH – TUESDAY 4th MARCH 2014

Events:

60m; 600m; 1200m; 60m Hurdles; 4 x 200m Relay – All Grades
(Minor Hurdles excepted)
High Jump: Junior/Intermediate only
(starting heights Girls 1.40m – Boys 1.55m)
Shot: All Grades
Long Jump: All Grades

Age Limits:

Minor: Under 14 on 1st July 2014
Junior: Under 15 on 1st July 2014
Intermediate: Under 17 on 1st July 2014

Entry Fees: €5.00 per athlete/ €10 per Relay Team

ALL ENTRIES WILL BE TAKEN ON DAY OF COMPETITION

EACH COMPETING SCHOOL MUST FURNISH, ON SCHOOL NOTEPAPER, OR ON PAPER BEARING THE SCHOOL STAMP, A LIST OF ITS COMPETITORS TOGETHER WITH THEIR DATES OF BIRTH.

ENTRIES WILL BE ACCEPTED ONLY ON PRODUCTION OF THIS LIST.

ATHLETES MUST COMPETE IN THEIR OWN AGE GROUP. A SCHOOL MAY NOT ENTER MORE THAN **THREE** ATHLETES IN ANY EVENT.

All enquires to MARY ASHE at 058 43116

Order of Events:

11:00am.....	Long Jump – Boys and Girls
12:00noon.....	Shot
11:30am.....	1200m followed by
(on outside track).....	600m, 4 x 200m Relay
11:30am.....	60m Hurdles (heats and finals) followed by
(on inside track).....	60m (heats and finals) followed by
	1. High Jump – Girls
	2. High Jump – Boys

NB: (1) Three attempts only at Long Jump and Shot
(2) 600m; 1200m; 4 x 200m Relay will be decided on fastest times

COPY OF CIRCULAR FROM NENEGH OLYMPIC AC SHOULD BE READ CAREFULLY