

ORDER OF EVENTS

INSIDE TRACK

60M HURDLES HEATS & FINALS

JNR GIRLS; INT. GIRLS
JNR BOYS; INT. BOYS

60M HEATS SEMI'S & FINALS

MINOR GIRLS, MINOR BOYS,
JNR GIRLS, JNR BOYS
INTER GIRLS, INTER BOYS

OUTSIDE TRACK

1200M (RUN ON TIME)

JNR GIRLS, JNR BOYS, INTER GIRLS
INTER BOYS, MINOR GIRLS, MINOR
BOYS.

600M

IN SAME ORDER AS ABOVE

RELAYS ALL AGES

YOU MUST COMPETE IN **YOUR OWN AGE GROUP** EXCEPT FOR
RELAYS. EACH ATHLETE MAY COMPETE IN ONLY **ONE** RELAY

FIELD EVENTS

SHOT

INT BOYS, INT GIRLS
JNR BOYS, JNR GIRLS
MIN GIRLS, MIN BOYS

LONG JUMP (1) GIRLS

MINOR, INTER,
JUNIOR

LONG JUMP (2) BOYS

MINOR, INTER,
JUNIOR

HIGH JUMP

AFTER 60m FINALS

1.40 girls

1.55 boys starting height

**ORDER OF FIELD EVENTS MAY CHANGE TO ACCOMMODATE TRACK
EVENTS LISTEN TO THE ANNOUNCEMENTS.**