

Irish Life Health Munster Schools Track & Field Championships 2018

Castleisland - Saturday May 19th 2018

Field Events

Hammer starting @10am

Senior Boys
Inter Boys
Junior Boys
Senior Girls
Inter Girls
Junior Girls

Shot starting @11am

Minor Boys
Junior Girls
Junior Boys
Senior Boys
Inter Boys
Minor Girls
Senior Girls
Inter Girls

High Jump starting @11am

Inter Girls
Junior Girls
Senior Boys
Inter Boys
Junior Boys
Senior Girls

Long Jump starting @11am

Senior Girls
Junior Boys
Inter Girls
Minor Girls
Junior Girls
Minor Boys
Inter Boys
Senior Boys

Triple Jump starting @11.30am

Senior Boys
Inter Boys
Senior Girls
Junior Boys
Inter Girls
Junior Girls

Javelin starting @12noon

Senior Boys
Inter Boys
Junior Boys
Junior Girls
Inter Girls
Senior Girls

Discus starting @1.30pm

Senior Girls
Inter Girls
Junior Girls
Junior Boys
Inter Boys
Senior Boys

Pole Vault

Wednesday 16th May
Starting at 5pm
Cork IT

Track Events

Time	Event	Grade
11.00	Race Walking	All Ages
12.00	Inter Girls	1500m S/chase
12.00	Senior Girls	1500m S/chase
12.10	Inter Girls	3000m
12.20	Senior Girls	3000m
12.35	Inter Girls	300m Hurdles
12.40	Senior Girls	400m Hurdles
12.45	Inter Boys	400m Hurdles
12.50	Senior Boys	400m Hurdles
12.55	Inter Boys	1500m S/chase
13.00	Senior Boys	2000m S/chase
13.05	Junior Girls	200m
13.10	Junior Boys	200m
13.15	Inter Girls	200m
13.20	Inter Boys	200m
13.25	Senior Girls	200m
13.30	Senior Boys	200m
13.35	Minor Girls	800m
13.40	Minor Boys	800m
13.45	Junior Girls	800m
13.50	Junior Boys	800m
13.54	Inter Girls	800m
13.58	Inter Boys	800m
14.02	Senior Girls	800m
14.05	Senior Boys	800m
14.10	Minor Girls	100m
14.14	Minor Boys	100m
14.18	Junior Girls	100m
14.22	Junior Boys	100m
14.26	Inter Girls	100m
14.30	Inter Boys	100m
14.34	Senior Girls	100m
14.38	Senior Boys	100m
14.45	Inter Boys	3000m
14.55	Minor Girls	75m Hurdles
15.00	Minor Boys	75m Hurdles
15.05	Junior Girls	75m Hurdles
15.10	Inter Girls	80m Hurdles
15.15	Junior Boys	80m Hurdles
15.20	Senior Girls	100m Hurdles
15.25	Inter Boys	100m Hurdles
15.30	Senior Boys	110m Hurdles
15.35	Inter Girls	300m
15.39	Inter Boys	400m
15.43	Senior Girls	400m
15.47	Senior Boys	400m
15.50	Under 16 Girls	1 Mile
15.55	Under 16 Boys	1 Mile
16.00	Junior Girls	1500m
16.05	Junior Boys	1500m
16.10	Inter Girls	1500m
16.15	Inter Boys	1500m
16.20	Senior Girls	1500m
16.25	Senior Boys	1500m
16.30	Senior Boys	5000m
16.50	Minor Girls	4X100m Relay
16.55	Minor Boys	4X100m Relay
17.00	Junior Girls	4X100m Relay
17.05	Junior Boys	4X100m Relay
17.10	Inter Girls	4X100m Relay
17.15	Inter Boys	4X100m Relay
17.20	Senior Girls	4X100m Relay
17.25	Senior Boys	4X100m Relay
17.30	Senior Girls	4X300m Relay
17.35	Senior Boys	4X400m Relay

Notes

Minor: Under 14 on 1st July 2018 Junior: Under 15 on 1st July 2018

Intermediate: Under 17 on 1st July 2018 Senior: Under 19 on 1st January 2018

A school may not have more than 2 athletes in any event

An athlete may compete in not more than 2 individual events plus one relay

No more than one athlete from the age group immediately below can be added to a relay team

Athletes must compete in their own age group in individual events (Junior, Intermediate, Senior)

Minor athletes may compete at Junior level where an event is not held at Minor level

Minor and Junior athletes can take part in an 800m or 1500m but not both

The first 3 in non-laned event qualify for the All Ireland - 4 qualify in the Under 16 mile race

In laned events (100m, 200m, 300m, 400m, hurdles and relays) the first 2 qualify for the All Ireland

The Irish Life Health All Ireland Championships take place in Tullamore on June 2nd